



## PUBLIC NOTICE: TELEPHONE COUNSELLING & CONSULTATION SERVICE

March 20, 2020

St. Clair Child & Youth Service continues to closely monitor the impact of COVID-19. Following the advice of public health officials, we have closed our physical locations to the public. These precautionary and preventative measures are an effort to help “flatten the curve,” making the health of our clients, staff, and the community a priority.

At the same time, we recognize that this is a stressful time for families and their children. Fear and anxiety can be overwhelming and cause strong emotions that can be difficult to manage.

As the Lead Agency for Children’s Mental Health in Sarnia-Lambton we want to be there to offer assistance during this challenging time. **On Monday, March 23 we will launch a Telephone Counselling & Consultation Service** for those 0 - 17 years of age who are experiencing mental health concerns. *(please note this is not a crisis service)*

### TELEPHONE COUNSELLING & CONSULTATION SERVICE

#### What to Expect

- **Call (519) 337-3701 and follow directions to leave a voice message**
- **The same day a staff member will contact you to collect information**
- **Within 24 hours you will receive a Telephone Counselling & Consultation Session**
- **Excludes evening and weekend**

We are prepared to continue to provide essential mental health services for infants, children and youth to ensure they receive the care they need.

Please continue to follow our social media channels and refer to our website for updated information about programs and services.

We appreciate your patience and understanding as we continue to focus on improving the mental health and quality of life for families and their children in Sarnia-Lambton.

Sue Barnes  
Executive Director